



Serving Suggestion for Chilli Non Carne

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## Chilli Filled Tacos with Guacamole and Sour Cream

Simple and tasty Chilli snacks.

Heat the chilli in the microwave according to the instructions, or heat through very gently in a saucepan.

Take 8 warmed taco shells and fill with some crispy shredded Iceberg lettuce, spoon the hot chilli over the top and top with a dollop of spicy guacamole (2 ripe avocados peeled and mashed, 2 tomatoes skinned, seeded and chopped, 1 small red chilli very finely sliced, juice of  $\frac{1}{2}$  lemon, 1 clove of garlic and seasoning all whizzed together in a food processor or simply thoroughly mashed up) and sour cream or tomato salsa. Olé!

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Maybe you added your own little twist to this idea or you've other delicious recipes to share – we'd love to hear them at

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