

# Sausages with Heaven and Earth

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## Ingredients

350g potatoes  
2 cooking apples  
1 large onion  
Olive oil  
Ground cinnamon  
Vegetarian sausages

## Method

Sausages served with a tasty combination of potatoes, apples and onions.

Before cooking the sausages make the Heaven and Earth. Peel and boil 350g potatoes for 10 mins. Peel, core and slice 2 cooking apples and add to the cooking potatoes for the last 3 mins. Slice one large onion and fry gently in 2 tbsp. olive oil with 1/2 teaspoon of ground cinnamon for 10 mins. Remove and keep warm.

Cook the sausages according to the instructions. Meanwhile drain the potatoes and apples. In a large frying pan heat 2 tbsp. olive oil and fry the potato/apple mixture until lightly browned and cooked through.

Season well and turn into a warmed dish, top with the onions. Serve with the hot sausages and a green vegetable. Heavenly!